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ncaa track and field championships

## CU's Barringer wins another NCAA title

By Noah Trister  
The Associated Press

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Jenny Barringer captures the NCAA 3,000-meter steeplechase title on Friday, becoming the first CU woman to win four NCAA titles in any sport. (Beth Hall, The Associated Press)

FAYETTEVILLE, Ark. — Jenny Barringer bolted to the front with two others, then soloed the rest of the way to her third career 3,000-meter steeplechase title Friday night at the NCAA track and field championships.

The Colorado senior finished in 9 minutes, 25.54 seconds, besting her world-leading season time of 9:26.2 set at the NCAA regional meet two weeks ago.

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She finished a gaping 15.05 seconds ahead of runner-up Nicole Bush of Michigan State and held a 40 meter lead with three laps to go. Her best split was the bell lap in 1:09. CU's Olympian didn't run an outdoor steeplechase this spring until the Big 12 meet last month.

"This was an exciting win," she told the NCAA pool reporters. "I'm happy to have it behind me. It's tough to come in and be a heavy favorite. I just had to keep my mind right and go out there and take care of business. It felt great."

She is the first CU runner to win three NCAA crowns in the same event, and the first CU female to win four NCAA titles in any sport.

Besides winning track and field's Honda Sports award, setting the NCAA 1,500-meter record Sunday in the Prefontaine Classic and drawing a full-page photo in Sports Illustrated, Barringer has been nominated for the Honda-Broderick Cup, given to the collegiate female athlete of the year. The winner will be named June 22.

Texas junior Destinee Hooker won the high jump, her third outdoor national title in four years. Hooker won with a jump of 6 feet, 4 3/4 inches. Elizabeth Patterson of Arizona finished second.

In the 100-meter finals, LSU's Trindon Holliday won the event despite a so-so start, finishing in 10.00. Alexandria Anderson of Texas claimed the 100 with a time of 11.20.

Stevi Large of Akron won the women's hammer

throw with a toss of 223 feet, 4 inches, and Marcel Lomnicky of Virginia Tech was the men's winner at 235-6.

Oregon's Brianne Theisen took the heptathlon with 6,086 points. Oregon led the women's team standings with 39 points, and USC was in second place with 21.

Oregon led the men's team competition with 36 points. LSU is second with 30.

The Oregon men are trying for a "Triple Crown" after winning cross country and indoor track and field titles earlier this season.

The Ducks' Galen Rupp won the 5,000, one night after taking the 10,000. Rupp finished in 14:04.12 on Friday night.

Jeshua Anderson of Washington State won the men's 400 hurdles in 48.47, and Nicole Leach of UCLA took the women's race with a time of 55.39.

BYU's Kyle Perry won the men's 3,000 steeplechase in 8:29.24.

*Denver Post staff writer Natalie Meisler contributed to this report.*

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Barringer breaks NCAA steeple mark

Sat Jun 13, 2009 By IAAF



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FAYETTEVILLE, ARK. -- Despite another day of changeable weather which included a three-hour donner-und-blitzen delay, the third day of the NCAA championships produced a number of excellent performances.

Texas A&M University set a new collegiate record in the women's 4x100m Relay. The Texas Aggie foursome -- all undergraduates -- crossed the finish line in 42.36, nearly 10 metres ahead of Florida State's normally quite respectable 43.33. The winners are all U.S. citizens, which shows that Americans can get the stick around quite efficiently, no matter what happens in the Olympic Games.

Jenny Barringer accounted for the second collegiate record. Five days after running 2009 world leader Gelete Burka to the line and setting a collegiate record of 3:59.90 for 1500m, Barringer, in her final track race as a University of Colorado student, set a collegiate record for her parade race, the 3000m Steeplechase. Running alone far ahead of her 15 competitors, Barringer won in 9:25.54, three seconds off her own national record.

Trindon Holliday won the men's 100 with a strong mid-race surge, reaching the finish in 10.00 (+0.3), a full meter ahead of Ahmad Rashad, 10.10. In the women's 100, Alexandria Anderson gave away nearly two meters at the start but made it up to win in the final strides from Jessica Young, 11.20 to 11.22 -- far from her 11.02 of Wednesday.

The men's 400m Hurdles were won by Jeshua Anderson in 48.47, with Johnny Dutch a close second in 48.62. The women's race was won as expected by Nicole Leach, in 55.39.

Among the several qualifying races, the semis of the men's 400m stood out. Jonathan Borlee (BEL) and Michael Bingham won their races in 45.25 and 45.28 respectively, and you had to run 45.88 or better to make the final.

The women's High Jump was won for the third time in four years by Destinee Hooker, the younger sister of Olympic sprint finalist Marshvet. The 1.91m tall Hooker cleared 1.95m today, and just missed 1.98m. She won in 2006 and 2007, but skipped jumping in 2008 to try to make the U.S. Olympic volleyball team. She will attempt to make both U.S. teams in 2012.

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By: AP Photo

Jenny Barringer on her way to winning a third NCAA title in the 3000m steeplechase. She won in a collegiate-record 9:25.54.

Also of note was the 5.70m pole vault by Jason Colwick, ◀ 1 of 2 ▶ on his third jump (and third clearance) of the evening.

He then attempted a meet record 5.83m, and came reasonably close. There were good throws -- by American standards -- in both javelins. Chris Hill won the men's speerwurf with an 81.80m cast, and Rachel Yurkovich edged Kara Patterson in the women's jav, 59.62m to 57.96m. All three were PBs.

Finally, Galen Rupp added the 5000m title to the 10,000 he won Thursday night, outkicking Australian David McNeill, 14:04.12 to 14:05.79. But McNeill made American's best young distance runner work for it.

